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# PLASTIC SURGERY GROUP

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## PERSÖNLICHE ANGABEN

Name: Farhadi  
Vorname: Jian  
Geburtsort: Wien  
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Facharzt FMH für Plastische,  
Rekonstruktive und Ästhetische Chirurgie

## SPRACHEN

Deutsch: Muttersprache  
Persisch: Muttersprache  
Englisch: fliessend  
Französisch: fliessend  
Italienisch: fliessend  
Spanisch: Grundkenntnisse

## AUSBILDUNG

2016	Ernennung zum Titularprofessor durch die Regenz der Universität Basel
2007	Habilitation mit Lehrtätigkeit für Plastische, Rekonstruktive und Ästhetische Chirurgie an der Universität Basel
2005	Facharzt FMH Plastische, Rekonstruktive und Ästhetische Chirurgie
2005	Specialist Registration GMC für Plastische Chirurgie in England
2003	Europäischer Facharzt EBOPRAS in Plastischer Chirurgie
2000	Doktorat der Universität Basel
1995	Eidgenössisches Staatsexamen für Ärzte Barcelona, Spain

## BISHERIGE TÄTIGKEIT

seit 2021	Swiss Surgery – Expertise in Cancer & Operative Treatment
seit 2017	Gründung der Plastic Surgery Group AG, Medizinischer Direktor
seit 2016 – bis heute	Chefarzt Plastische Chirurgie und Kernmitglied Brust-Zentrum Zürich AG
2012 – 2018	Selbstständiger Facharzt für Plastische, Rekonstruktive und Ästhetische Chirurgie an der Klinik Pyramide am See
2012 – 2016	Chefarzt Department für Plastische und Rekonstruktive Chirurgie Guy's and St. Thomas' Hospital London
2007 – 2012	Consultant (Leitender Arzt) für Rekonstruktive Chirurgie am Guy's and St. Thomas' Hospital London
2006	Fellow für mikrochirurgische Rekonstruktionen St. Thomas' Hospital
2005	Oberarzt Plastische, Rekonstruktive und Ästhetische Chirurgie Universitätsspital Basel
2002 – 2005	Assistenzarzt Klinik für Wiederherstellende Chirurgie Universitätsspital Basel
2001	Research Fellow Tissue Engineering, ICFS des Universitätsspital Basel
2000	Assistenzarzt Departement Chirurgie Universitätsspital Basel
1999 – 2000	Research Fellow Yale University School of Medicine, New Haven, USA
1997 – 1999	Assistenzarzt Klinik für Viszerale- und Transplantationschirurgie Inselspital Bern
1996 – 1997	Assistenzarzt Chirurgie Regionalspital Burgdorf

## **KLINISCHE UND FACHLICHE TÄTIGKEITEN**

Seit 2021	Reader King's College London
Seit 2015	Co-Director European Masters in Breast Surgery
Seit 2014	Chairman London Breast Meeting

## **MITGLIEDSCHAFTEN**

Schweizerische Gesellschaft für Plastische, Rekonstruktive und Ästhetische Chirurgie SGPRAC

British Association of Plastic, Reconstructive and Aesthetic Surgeons BAPRAS

European Association of Plastic Surgeons EURAPS

American Society of Plastic Surgeons, ASPS

American Society of Reconstructive Microsurgery ASRM

World Society of Reconstructive Microsurgery WSRM

Schweizerische Gesellschaft für Senologie SGS

Deutschsprachige Arbeitsgemeinschaft der peripheren Nerven und Gefässe DAM

## **PUBLIKATIONEN**

1: Speck NE, Dreier K, Fluetsch A, Ranacher C, Babst D, Lardi AM, Farhadi J. Flying high?-Exploring the effect of red bull on blood pressure after microsurgical breast reconstruction in a randomized controlled trial. J Plast Reconstr Aesthet Surg. 2024 Mar;90:200-208. doi: 10.1016/j.bjps.2024.01.015. Epub 2024 Feb 2. PMID: 38387416.

2: Pompei B, Grufman V, Zoccali G, Farhadi J. Breast implant reverse surgery: A step-by-step approach. J Plast Reconstr Aesthet Surg. 2023 Jul;82:200-208. doi: 10.1016/j.bjps.2023.04.017. Epub 2023 Apr 20. PMID: 37186975.

3: Speck NE, Grufman V, Farhadi J. Trends and Innovations in Autologous Breast Reconstruction. Arch Plast Surg. 2023 May 29;50(3):240-247. doi: 10.1055/s-0043-1767788. PMID: 37256033; PMCID: PMC10226796.

5: Speck NE, Michalak M, Dreier K, Babst D, Lardi AM, Farhadi J. Effect of the Red Bull Energy Drink on Perfusion-Related Variables in Women Undergoing

Microsurgical Breast Reconstruction: Protocol and Analysis Plan for a Prospective, Multicenter Randomized Controlled Trial. *JMIR Res Protoc.* 2023 May 9;12:e38487. doi: 10.2196/38487. PMID: 37159251; PMCID: PMC10206609.

7: Zoccali G, Hagiga A, Farhadi J. Use of free flaps in aesthetic breast surgery: a single centre experience and literature review. *J Plast Reconstr Aesthet Surg.* 2023 Feb;77:190-200. doi: 10.1016/j.bjps.2022.11.042. Epub 2022 Nov 23. PMID: 36580704.

9: Speck NE, Dreier K, Fluetsch A, Babst D, Lardi AM, Farhadi J. Comparing complications and perioperative teams in microsurgical breast reconstruction: retrospective cohort study. *Gland Surg.* 2022 Nov;11(11):1754-1763. doi: 10.21037/gs-22-295. PMID: 36518805; PMCID: PMC9742050.

10: Speck NE, Hellstern P, Farhadi J. Microsurgical Breast Reconstruction in Patients with Disorders of Hemostasis: Perioperative Risks and Management. *Plast Reconstr Surg.* 2022 Oct 1;150(4 Suppl ):95S-104S. doi: 10.1097/PRS.0000000000009499. Epub 2022 Sep 28. PMID: 35943960; PMCID: PMC10262037.

11: Zoccali G, Blackburn A, Ruccia F, Molina A, Farhadi J. Safe mobilisation of transverse upper gracilis flap in patients with hip replacements. *J Plast Reconstr Aesthet Surg.* 2022 Sep;75(9):2970-2973. doi: 10.1016/j.bjps.2022.06.049. Epub 2022 Jun 20. PMID: 35961929.

12: Mughal M, Rose V, Sindali K, Farhadi J, Havard H, Pollock R, Roblin P. Dual pedicle epiphyseal transfer for paediatric bony sarcoma reconstruction: Technique and review of outcomes. *J Plast Reconstr Aesthet Surg.* 2022 Aug;75(8):2466-2473. doi: 10.1016/j.bjps.2021.08.044. Epub 2021 Sep 20. PMID: 35504788.

13: Merchant A, Speck NE, Michalak M, Schaefer DJ, Farhadi J. Comparing Seroma Formation at the Deep Inferior Epigastric Perforator, Transverse Musculocutaneous Gracilis, and Superior Gluteal Artery Perforator Flap Donor Sites after Microsurgical Breast Reconstruction. *Arch Plast Surg.* 2022 Jul 30;49(4):494-500. doi: 10.1055/s-0042-1751103. PMID: 35919555; PMCID: PMC9340184.

16: Angrigiani C, Rancati AO, Masia J, Farhadi J, Khouri K, Acquaviva J, Rancati A. Modified anterior intercostal artery perforator flap (AICAP) for autologous

breast volume restoration after explantation. *J Plast Reconstr Aesthet Surg*. 2021 Nov;74(11):2916-2924. doi: 10.1016/j.bjps.2021.03.123. Epub 2021 Apr 23. PMID: 34020904.

17: Zoccali G, Farhadi J. Abdominal perforator exchange flap (APEX): A classification of pedicle rearrangements. *Microsurgery*. 2021 Oct;41(7):607-614. doi: 10.1002/micr.30796. Epub 2021 Aug 13. PMID: 34387913.

18: Kappos EA, Schulz A, Regan MM, Moffa G, Harder Y, Ribi K, Potter S, Pusic AL, Fehr MK, Hemkens LG, Holzbach T, Farhadi J, Simonson C, Knauer M, Verstappen R, Bucher HC, Zwahlen D, Zimmermann F, Schwenkglenks M, Mucklow R, Shaw J, Bjelic-Radisic V, Chiorescu A, Chun YS, Farah S, Xiaosong C, Nigard L, Kuemmel S, Reitsamer R, Hauschild M, Fulco I, Tausch C, Fischer T, Sarlos D, Constantinescu MA, Lupatsch JE, Fitzal F, Heil J, Matrai Z, de Boniface J, Kurzeder C, Haug M, Weber WP. Prepectoral versus subpectoral implant-based breast reconstruction after skin-sparing mastectomy or nipple-sparing mastectomy (OPBC-02/ PREPEC): a pragmatic, multicentre, randomised, superiority trial. *BMJ Open*. 2021 Sep 2;11(9):e045239. doi: 10.1136/bmjopen-2020-045239. PMID: 34475143; PMCID: PMC8413865.

20: Pompei B, Farhadi J. Diep Flap Volume Augmentation: Literature Review and "Calzone" Flap Shaping Technique. *J Plast Reconstr Aesthet Surg*. 2020 Nov;73(11):1933-1939. doi: 10.1016/j.bjps.2020.05.070. Epub 2020 May 26. PMID: 32571688.

21: Grünherz L, Keijzer W, Uyulmaz S, Fertsch S, Imhof L, Käser S, Farhadi J, Lindenblatt N. Donor site aesthetics and morbidity after DIEP flap breast reconstruction-A retrospective multicenter study. *Breast J*. 2020 Oct;26(10):1980-1986. doi: 10.1111/tbj.14003. Epub 2020 Aug 9. PMID: 32772447.

23: Akdeniz Dogan Z, Farhadi J. Evaluation of Sensation on Mastectomy Skin Flaps following Immediate Breast Reconstruction. *J Reconstr Microsurg*. 2020 Jul;36(6):420-425. doi: 10.1055/s-0040-1702157. Epub 2020 Feb 23. PMID: 32088917.

24: Khajuria A, Farhadi J. Immediate versus delayed autologous breast reconstruction. *J Plast Reconstr Aesthet Surg*. 2020 May;73(5):983-1007. doi: 10.1016/j.bjps.2019.12.013. Epub 2020 Jan 20. PMID: 32005638.

26: Kovacs T, Rubio IT, Markopoulos C, Audisio RA, Knox S, Kühn T, Mansel R, Matrai Z, Meani F, Nava M, Wyld L; BRESO Structure Working Group. Theoretical and practical knowledge curriculum for European Breast Surgeons. *Eur J Surg Oncol*. 2020 Apr;46(4 Pt B):717-736. doi: 10.1016/j.ejso.2020.01.027. Epub 2020 Feb 8. PMID: 32075718.

33: Zoccali G, Mughal M, Roblin P, Farhadi J. Preoperative Perforator Mapping in SGAP Flap: Does Magnetic Resonance Imaging Make the Difference? *Plast Reconstr Surg*. 2019 Oct;144(4):812-819. doi: 10.1097/PRS.0000000000006015. PMID: 31568281.

34: Zoccali G, Mughal M, Giwa L, Roblin P, Farhadi J. Breast reconstruction with Superior Gluteal Artery Perforator free flap: 8 years of experience. *J Plast Reconstr Aesthet Surg*. 2019 Oct;72(10):1623-1631. doi: 10.1016/j.bjps.2019.06.027. Epub 2019 Jun 28. PMID: 31445942.

35: Masia J, Sanchez-Porro L, Vega C, Farhadi J, Suominen S, Kolb F, Garusi C, Van Landuyt K, Santamaria E, Innocenti M. New Paradigms in Reconstructive Microsurgery Education. *Ann Plast Surg*. 2019 Sep;83(3):243-246. doi: 10.1097/SAP.0000000000001825. PMID: 31008791.

36: Lindenblatt N, Gruenherz L, Farhadi J. A systematic review of donor site aesthetic and complications after deep inferior epigastric perforator flap breast reconstruction. *Gland Surg*. 2019 Aug;8(4):389-398. doi: 10.21037/gs.2019.06.05. PMID: 31538064; PMCID: PMC6722999.

37: Papassotiropoulos B, Güth U, Chiesa F, Rageth C, Amann E, Baege A, Elfgen C, Varga Z, Moskovszky L, Endhardt K, Masser R, Tinguely M, Farhadi J, Lardi A, Dammann F, Diebold J, Li Q, Dubsky P, Tausch C. Prospective Evaluation of Residual Breast Tissue After Skin- or Nipple-Sparing Mastectomy: Results of the SKINI-Trial. *Ann Surg Oncol*. 2019 May;26(5):1254-1262. doi: 10.1245/s10434-019-07259-1. Epub 2019 Mar 4. PMID: 30830538.

38: Mehta S, Cro SC, Coomber B, Rolph R, Cornelius V, Farhadi J. A randomised controlled feasibility trial to evaluate local heat preconditioning on wound healing after reconstructive breast surgery: the preHEAT trial. *Pilot Feasibility Stud*. 2019 Jan 11;5:5. doi: 10.1186/s40814-019-0392-y. PMID: 30656059; PMCID: PMC6329155.

41: Weber WP, Haug M, Kurzeder C, Bjelic-Radusic V, Koller R, Reitsamer R, Fitzal F, Biazus J, Brenelli F, Urban C, Paulinelli RR, Blohmer JU, Heil J, Hoffmann J, Matrai Z, Catanuto G, Galimberti V, Gentilini O, Barry M, Hadar T, Allweis TM, Olsha O, Cardoso MJ, Gouveia PF, Rubio IT, de Boniface J, Svensjö T, Bucher S, Dubsky P, Farhadi J, Fehr MK, Fulco I, Ganz-Blättler U, Günthert A, Harder Y, Hauser N, Kappos EA, Knauer M, Landin J, Mechera R, Meani F, Montagna G, Ritter M, Saccilotto R, Schwab FD, Steffens D, Tausch C, Zeindler J, Soysal SD, Lohsiriwat V, Kovacs T, Tansley A, Wyld L, Romics L, El-Tamer M, Pusic AL, Sacchini V, Gnant M. Oncoplastic Breast Consortium consensus conference on nipple-sparing mastectomy. *Breast Cancer Res Treat.* 2018 Dec;172(3):523-537. doi: 10.1007/s10549-018-4937-1. Epub 2018 Sep 4. PMID: 30182349; PMCID: PMC6245050.

42: Zoccali G, Rais DS, Farhadi J. How Does Autologous Breast Reconstruction Impact Downtime? *J Reconstr Microsurg.* 2018 Sep;34(7):530-536. doi: 10.1055/s-0038-1641711. Epub 2018 Apr 13. PMID: 29653454.

43: Rolph R, Farhadi J. The use of meshes and matrices in breast reconstruction. *Br J Hosp Med (Lond).* 2018 Aug 2;79(8):454-459. doi: 10.12968/hmed.2018.79.8.454. PMID: 30070945.

44: Lardi AM, Dreier K, Junge K, Farhadi J. The use of tranexamic acid in microsurgery-is it safe? *Gland Surg.* 2018 Aug;7(Suppl 1):S59-S63. doi: 10.21037/gs.2018.03.10. PMID: 30175065; PMCID: PMC6107596.

46: Arvind M, See M, Farhadi J. Can you tell the difference: Round vs anatomical implants - A real-time global ballot. *J Plast Reconstr Aesthet Surg.* 2018 May;71(5):770-771. doi: 10.1016/j.bjps.2017.11.033. Epub 2017 Dec 11. PMID: 29338926.

47: Cro S, Mehta S, Farhadi J, Coomber B, Cornelius V. Measuring skin necrosis in a randomised controlled feasibility trial of heat preconditioning on wound healing after reconstructive breast surgery: study protocol and statistical analysis plan for the PREHEAT trial. *Pilot Feasibility Stud.* 2018 Jan 17;4:34. doi: 10.1186/s40814-017-0223-y. PMID: 29375891; PMCID: PMC5773051.

48: Farhadi J, Hofer SOP, Masia J. Preface. *Clin Plast Surg.* 2018 Jan;45(1):xiii. doi: 10.1016/j.cps.2017.09.001. PMID: 29080665.

49: Murphy BD, Kerrebijn I, Farhadi J, Masia J, Hofer SOP. Indications and

Controversies for Abdominally-Based Complete Autologous Tissue Breast Reconstruction. *Clin Plast Surg.* 2018 Jan;45(1):83-91. doi: 10.1016/j.cps.2017.08.007. Epub 2017 Sep 19. PMID: 29080663.

50: See MS, Farhadi J. Radiation Therapy and Immediate Breast Reconstruction: Novel Approaches and Evidence Base for Radiation Effects on the Reconstructed Breast. *Clin Plast Surg.* 2018 Jan;45(1):13-24. doi: 10.1016/j.cps.2017.08.001. Epub 2017 Oct 3. PMID: 29080655.

51: Rolph RC, Macmillan RD, Nestle-Kraemling C, Schefflan M, Farhadi J. Delayed erythematous skin reaction with SERI<sup>(R)</sup>-assisted direct to implant breast reconstruction. *J Plast Reconstr Aesthet Surg.* 2018 Jan;71(1):29-31. doi: 10.1016/j.bjps.2017.08.024. Epub 2017 Aug 25. PMID: 28918996.

52: Zoccali G, Molina A, Farhadi J. Is long-term post-operative monitoring of microsurgical flaps still necessary? *J Plast Reconstr Aesthet Surg.* 2017 Aug;70(8):996-1000. doi: 10.1016/j.bjps.2017.05.041. Epub 2017 Jun 1. PMID: 28648581.

53: Creasy H, Bain C, Farhadi J. Free tissue transfer in Ehlers-Danlos Syndrome. *Microsurgery.* 2017 Jul;37(5):455-456. doi: 10.1002/micr.30067. Epub 2016 May 27. PMID: 27229353.

54: Lardi AM, Ho-Asjoe M, Junge K, Farhadi J. Capsular contracture in implant based breast reconstruction-the effect of porcine acellular dermal matrix. *Gland Surg.* 2017 Feb;6(1):49-56. doi: 10.21037/gs.2017.01.02. PMID: 28210552; PMCID: PMC5293652.

55: Rolph R, Mehta S, Farhadi J. Breast reconstruction: options post-mastectomy. *Br J Hosp Med (Lond).* 2016 Jun;77(6):334-42. doi: 10.12968/hmed.2016.77.6.334. PMID: 27269748.

56: Mehta S, Byrne N, Karunanithy N, Farhadi J. 3D printing provides unrivalled bespoke teaching tools for autologous free flap breast reconstruction. *J Plast Reconstr Aesthet Surg.* 2016 Apr;69(4):578-80. doi: 10.1016/j.bjps.2015.12.026. Epub 2016 Jan 18. PMID: 26906554.



57: Tanos G, Prousskaia E, Chow W, Angelaki A, Cirwan C, Hamed H, Farhadi J. Locally Advanced Breast Cancer: Autologous Versus Implant-based Reconstruction. *Plast Reconstr Surg Glob Open*. 2016 Feb 17;4(2):e622. doi: 10.1097/GOX.0000000000000598. Erratum in: *Plast Reconstr Surg Glob Open*. 2016 Mar;4(3):1. PMID: 27014551; PMCID: PMC4778893.

58: Taghizadeh R, Moustaki M, Harris S, Roblin P, Farhadi J. Does post-mastectomy radiotherapy affect the outcome and prevalence of complications in immediate DIEP breast reconstruction? A prospective cohort study. *J Plast Reconstr Aesthet Surg*. 2015 Oct;68(10):1379-85. doi: 10.1016/j.bjps.2015.06.003. Epub 2015 Jun 12. PMID: 26210234.

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